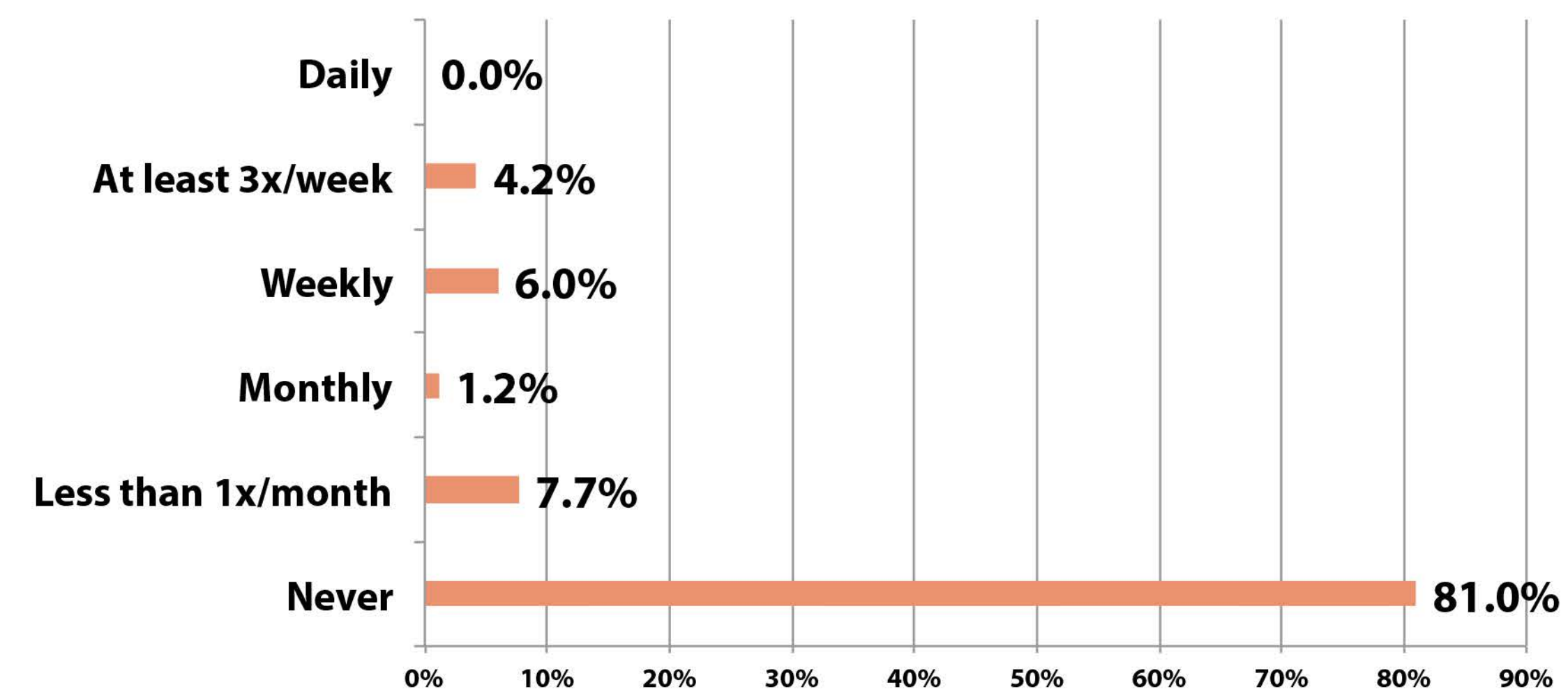




Map Source: Iowa Department of Natural Resources, "Natural Resources Geographic Information Systems Library," accessed October 2015, <http://www.igsb.uiowa.edu/nrgislib/>. Route data derived from the 2016 Designing Livable Communities survey conducted by Iowa State University.

How Often People Run

How Often Did You Run During the Past Year? (169 responses)



Survey participants were asked how often they ran during the past year. Ninety-six percent of respondents answered this question. Of those people, only 19% indicated that they ran. More than 80% never ran. Of those who did run, 7.7% ran less than once a month, and 6% ran weekly. These findings are consistent with comments made during the focus groups and on the survey regarding the need for a trail system in Kalona.

Where They Go

This map shows the running routes identified by 36 survey respondents. The frequency that the routes are used is depicted by their thickness, with most frequently used routes being the thickest. As with walkers and cyclists, runners use many of Kalona's streets as their routes. And like the walkers and bikers, most of the survey participants run north of Highway 22, primarily on H and J Avenues, and 3rd, 4th, 5th, 6th, 7th, 10th and 11th Streets. Fewer runners use the streets south of Highway 22. Some people run along Highways 22 and 1, Nutmeg Avenue north out of town is a popular routes for runners.

Kalona

Transportation Behavior and Needs | Preferred Running Routes