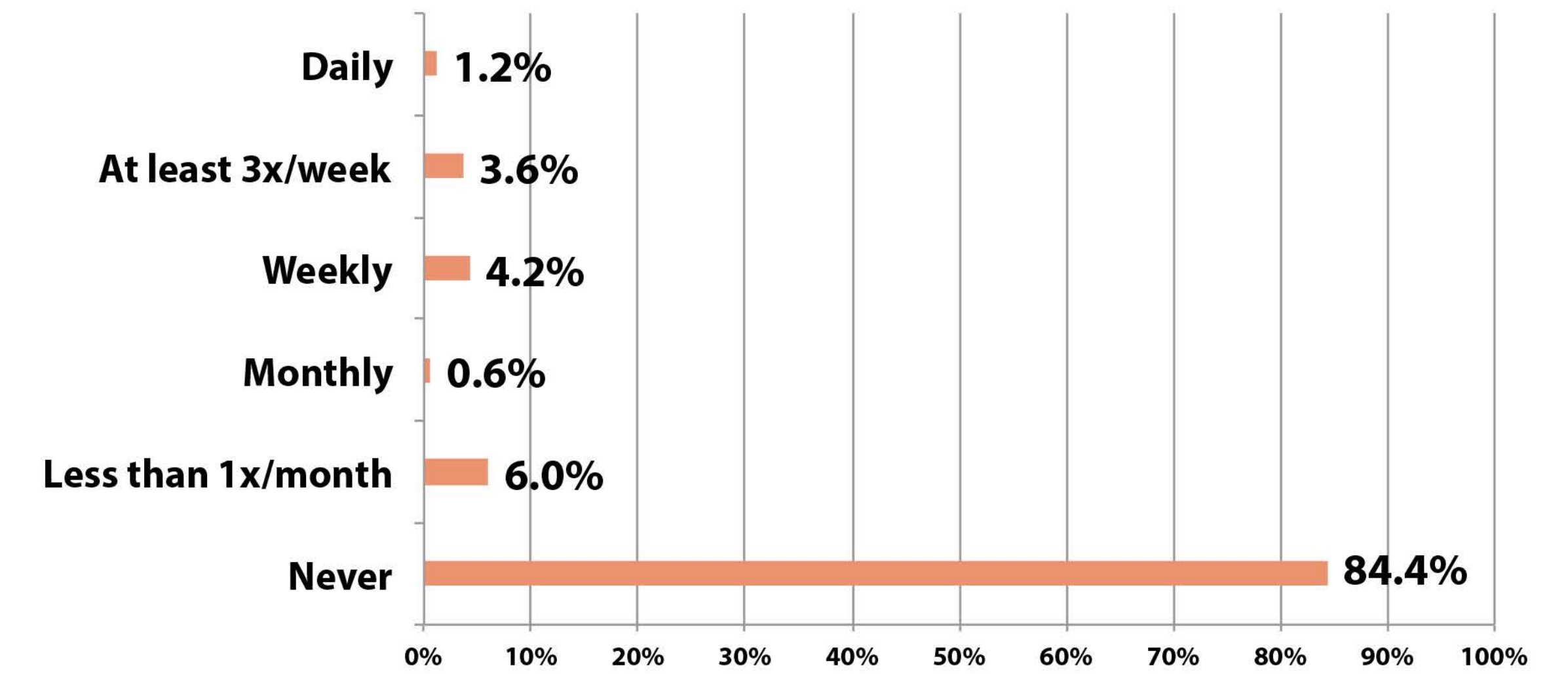


How Often People Run

How Often Did You Run During the Past Year? (167 responses)



Survey participants were asked how often they ran during the past year. Ninety-seven percent of respondents answered this question. Of those people, only 15.5% indicated that they ran. More than 84% never ran. Of those who did run, 6% ran less than once a month, and 4.2% ran weekly. Just over 1% indicated that they run daily. Nearly 15% of survey participants indicated that they would walk more frequently during warmer-weather months.

Where They Go

This map shows the running routes identified by 15 survey respondents. The frequency that the routes are used is depicted by their thickness, with most frequently used routes being the thickest. As with walkers and cyclists, runners use many of Hampton's streets as their routes. And like the walkers and bikers, most of the survey participants run on the Rolling Prairie Trail and its spurs in town. Some runners go out of town, using US Highway 65, County Road S43, and Highway 3. Runners use the same loop as cyclists that consists of 14th Street, Quail Avenue, 12th Avenue, and Olive Avenue.

Hampton

Transportation Behaviors and Needs | Preferred Running Routes