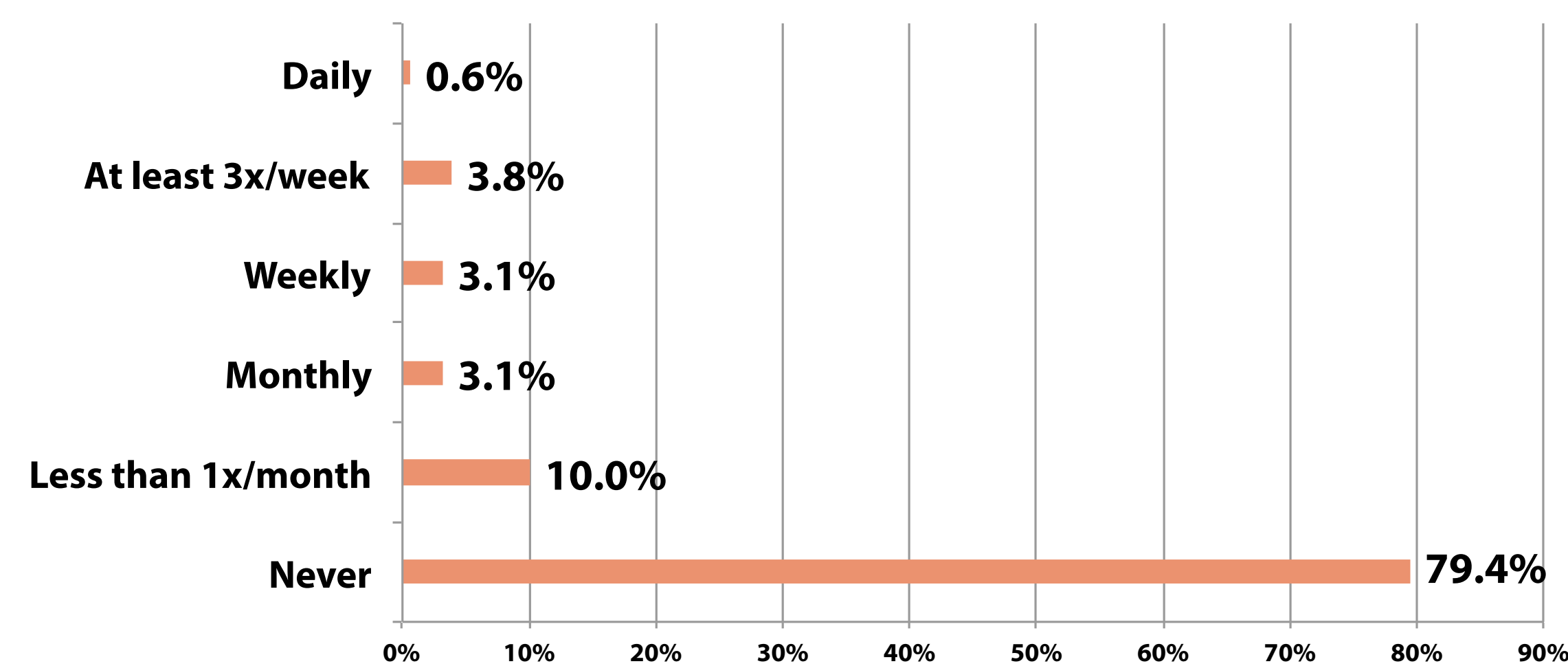


Map Source: Iowa Department of Natural Resources, "Natural Resources Geographic Information Systems Library," accessed October 2015, <http://www.igsb.uiowa.edu/nrgislib/>. Route data derived from the 2016 Designing Livable Communities survey conducted by Iowa State University.

## How Often People Run

How Often Did You Run During the Past Year? (160 responses)



Survey participants were asked how often they ran during the past year. All but one respondent answered this question. Of those people, just over 20% indicated that they ran. Nearly 80% never ran. Of those who did run, 10% ran less than once a month, 3.1% ran monthly, 3.1% ran weekly. Nearly 4% of participants indicated that they ran at least three times per week. Almost 20% of respondents said that they run more often during warmer-weather months.

## Where They Go

This map shows the running routes identified by 17 survey respondents. The frequency that the routes are used is depicted by their thickness, with most frequently used routes being the thickest. Runners use most of Colfax city streets as routes. As with walkers and cyclists, runners frequently use Division Street, S League Road, Olive Avenue, and W State Street. A few people run north of Highway 117, beyond Interstate 80. Some people run south of town on S League Road and W 108th Street S.

# Colfax

## Transportation Behaviors and Needs | Preferred Running Routes