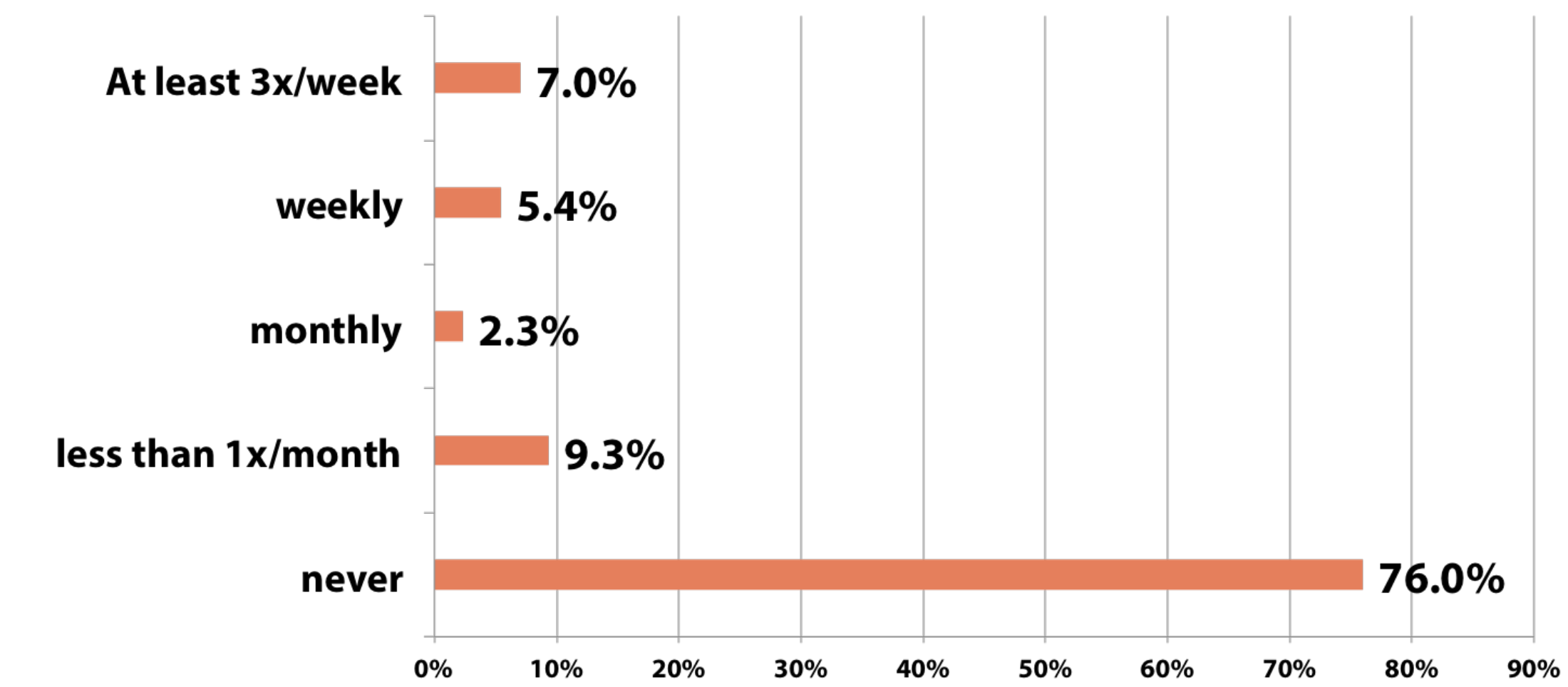


Map Source: Iowa Department of Natural Resources, "Natural Resources Geographic Information Systems Library," accessed October 2015, <http://www.igsb.uiowa.edu/nrgislib/>. Route data derived from the 2016 Designing Livable Communities survey conducted by Iowa State University.

How Often People Run

How Often Did You Run During the Past Year? (129 responses)



Survey participants were asked how often they ran during the past year. More than 95% of respondents answered this question. Of those people, 24% indicated that they ran. Nearly 10% of respondents ran less than once a month, 2.3.7% ran at least monthly, and 5.4% ran weekly. Less than Of respondents who indicated that they run, 20% indicated that they do so more often during warmer-weather months.

Where They Go

This map shows the running routes identified in the survey. The frequency that the routes are used is depicted by their thickness, with most frequently used routes being the thickest. Twenty-three respondents provided running routes. Carlisle runners use many of the same routes used by walkers and cyclists, particularly in residential neighborhoods. Runners' routes connect to North Park, Lindhardt Park, and Volunteer Park. SE 5th Street from School Street south, across Highway 5, to the intersection with Summerset Trail is a popular running route, as is Summerset Trail. Highway 5 between 2nd and 8th Streets is also frequently used by runners, as well as S 1st Street adjacent to the high school.

Carlisle

Transportation Behavior and Needs | Preferred Running Routes